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A New Term to Reduce the Burden of Human Lost in Slander (Langwith, 2011) and Accusations (Boudana, 2026)

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Abstract

Various abilities present in man have helped and assisted him in his life and development, difficulties while various challenges have also been created for him, the most important of which is that from his beginning to his present state, he has been under the influence of various types of accusations and slanders, which have never been adequately remedied. Therefore, this article has been written in connection with the possible remedies for this situation. The author believes that reflection on terminological abbreviation "IPSC" that is a manifestation of the inner state and behavior of man that was essential for the survival needs of life. Given the past history of man, it can be expected that he would probably be attracted to the proposed proposal with all his intelligence because he loves and cherishes his own defense in all circumstances.

Keywords: Human, Accusations, Slander, IPSC

Introduction

Since its inception, man has lived a life different from other forms of life in order to protect his survival and fulfill other necessities of life. Therefore, he has always been subject to the stains of selfishness, egotism (self-promotion and otherness) in the form of accusations and slanders. However, despite this, very few people have tried to pay attention to this helpless oppressed person and to redress the accusations and slanders leveled against him to prove him innocent [1-3]. Man knows that food and nutrition are very important to him, and other living beings also know this. But since man is wise and intelligent [4], he is able to make every need his own strength because he knows that somewhere or other there is something that is not complete in him and for the fulfillment of which he is busy struggling throughout his life [5]. Because man is not complete in his awareness, despite the fact that he understands the meaning of complete awareness, the awareness of the incompleteness implicit in him is sufficient to uncover many mysteries, but it is beyond the scope of this article. Therefore, in this article I will limit myself to the efforts made to get rid of the mentioned accusations and to the terminology coined.

For example, food or nutrition is equally essential for all forms of life, but even though humans know that it is essential for them, they make sure that this need not only supports them in fulfilling their life goals and needs, but also helps them. This is not the case in other forms of life, but perhaps it is certainly the case in humans. Because man is not perfect even though he is complete, therefore, keeping in mind the need for complete perfection, his efforts in this regard can cross the limit of moderation, which cannot be called irrational from a logical point of view, because he is capable of reflecting and thinking, and this type of life. Food is a familiar word all over the world; science has proven that food is an integral part of human life and it is impossible to imagine living without it. Perhaps this was the reason why Abraham Maslow considered eating and drinking, as the basic necessities of life, Sigmund Freud, however, responded differently to this essentiality in his theory pointing towards complications arising in the psychological life of man related to the marked essentialities [6-11]. I think in this regard, man did what he was told, i.e. he kept eating and drinking and remained alive [12]. It is a different matter that he was not able to comply with as commanded fully like his ancestors Buddha, with his own way of thinking, explained the

necessity of life and eating and drinking differently with a wooden loaf of bread, that psychologically close to Freud and far from Maslow [3-15]. However, among a few examples of human history, it emerged that the world's prominent/ virtuous person, Mary, asked for some fruit to eat in her last wish [16]. Islamic history also reflects that due to hunger, some of the world's notable personalities kept putting stones on their stomachs due to hunger [17].

Should we conclude from it that food is not only a form of life and survival, but also plays a very important role in human posture development that is necessary to make humans a human and to distinguish them as a species, so food does not only satisfy hunger, but also plays the role of making a person a human being. Therefore, human-invented methods could not do anything else in this regard and in this context, I have mentioned various human grievances in the previous lines. However, it is possible that they have caused deterioration in human natural things or will continue to do so in the future. Is this less true? Basically, man remained obedient because he was told to live so that he could be accounted for, so, he remained alive and kept eating and drinking, but as was said, he also committed mistakes, in the manner of his ancestors. This article will focus on the fact that man, who has come down to us as a punishment for eating the forbidden fruit, was told about food to survive, but perhaps he is not yet aware of the purpose that this food has for him. Perhaps this is the reason why, despite being aware of the word food, the human majority still is not fully aware of hidden power, effectiveness, and properties of nutrition within human foods, correctly, to understand why this is the case, we need to think in a more rational and scientific way [18-20].

But with all this, this is not my theory; it is my belief that every human being will eat and drink only what has been written for him some individuals and groups may not agree with this view, but this is their own perspective, which has nothing to do with the author. In it is a test, and in it all the details of his good and bad have been written, which no person or power in the world can or will change until every human being reaches the destination for which he was created This may be an unpleasant thing for those who do not believe, but it is a universal decision that man has to live by the commandments that are available to him in the form of inspiration But even in this regard, there are countless differences, interpretations, and perspectives All of these things are beyond the scope of this article. But as the world moves towards those stages where major decisions are expected and where life will reach its end, what has been written is being proven and no human being can change it because the one who brings the final command is no longer in this world and no other guidance will come until the return of Christ until life reaches its end Does not this universal truth reveal the secret that in the mentioned war, God Almighty will provide all humans with an opportunity to gain His pleasure before they die I have read in a very authentic passage that as long as there is a grain of food on earth that was created for a person and a drop of water that was created for him to drink and that person does not benefit from it, then the Hour cannot come [21].

This shows God's intention that He is stretching out the rope of man and wants him to turn to Him before the doors of repentance are closed so that the Lord of the universe can have a chance to decide his case with mercy. But this does not mean that man will become uncontrollable? But how unfortunate will be those whose leader has lied that jihad has ended in the world due to his coming, even though it is mentioned in all the inspired words? and the process of reckoning begins. This is such a strict accountability that if people understood this, they would prefer to sit in the corner. But man has the option to be among the fortunate, but not through those who consider it permissible to harm others for their own benefit, because those who If he who denies the commands of God Almighty [22]. and spreads them in a wrong way knows the reward he will receive for doing so, he will consider it better for himself to fall in prostration throughout his life and ask Him for forgiveness for his sins. I have lived a long life and know very well and have observed that the evil that destroyed my region has now become its next target in Europe and America, and if Christianity, Judaism, If they do not come to their senses and awaken, this misfortune will lead to the destruction of their worship, discipline, and hard work, because every day I see that dangerous people are destroying believers in a bad way.

Although it is a truth that whoever has love and connection with God Almighty in his heart is trying to save his faith and the Hereafter, but their enemy does not want this, so he is attacking them with every tactic that will disturb them in this world and cause them harm in their Hereafter. That is why I have written a few articles in the past few days to prove that creation cannot compete with the Creator, In my opinion humans are the only species of life in the world that, despite knowing and doing a lot many matters make very little effort to understand why and for what purpose they do so? I know for sure that becoming somebody who is not yours is tantamount to self-negation, but I am also a human being: You know very well what I have written here to explain, "myself", in the context of the word "human", but it was very important to write like this because now I am going to share with readers, a few things those I am afraid, for sure will cause pain and unease for many although such are all related to food and nutrition [23-25].

Have you ever seen such an animal in a zoo? Who, without any effort, relies on the nourishment of food to survive, which did not reach him through traditional means, but has anything changed in his face, affected his muscles, or affected the structure of his being? Probably not, although he is caught in the tension of being deprived of its freedom due to imprisonment in the zoo to an extent that no free human mind of present days can even imagine [26]. Isn't it amazing that I see thousands of people every day in civilized societies and among people who eat and drink as they wish but, some of whom don't like their face, some have to spend millions to hide their skin marks and wrinkles, some have hair that is not as they wish, and some have to spend millions on their clothes so that they look beautiful and younger and can cover up the defects that have arisen over time? But despite all these efforts, most people are not happy and sometimes I feel the need for psychological help as well as help from medical experts. Since food is the basic need of life, proper knowledge about

the nutrients in human foods and their correct use can sometimes save a person from the most serious and dangerous problems, such as food poisoning, indigestion, blood and heart diseases, mental illnesses and other diseases [27-29]. But this does not mean that one should be disconnected from food. This is not the case because regular and correct consumption of food is extremely important for survival, through which not only can many diseases be avoided, but they can also be cured [30]. Now let us mention a few examples from daily life that are clear and obvious proof of carelessness and disorder in our diet [31]. For example, salt is used in every meal, but different medical philosophies say For example, the use of salt in food is part of almost every meal, but it is directly related to health While using salt as food, have we or those who use it ever considered that the medicinal properties present in salt have the power to affect our circulation and related organs [32].

In addition, it is also closely related to our digestive system. It is as if when we use salt, our most important body systems, namely the circulatory and digestive systems, are directly affected. This does not mean that normal people should avoid use it, but it is also recognized that salt also has immense healing effects. Because this is a medical issue, the opinion of a medical expert may be better. In addition, red/green chilli or pepper is also used in some dishes [33,34]. It has been stated on many occasions in medical articles that the unnecessary use of any kind of prescription drugs or substances with medicinal properties is considered extremely harmful to human health Taste has its place in human life, but health is certainly more important than anything else, and those who keep this in mind try to take proper care of their health [35]. So, it is important to understand and reflect on the fact that we impose many problems in our lives on ourselves due to our ignorance and the mistakes of not being able to take care of ourselves, and as a result, we become worried for no reason. The easiest and best solution to this problem is to take better care of ourselves and not blame anyone. Now let's move on and try to tell you that the commonly used items or vegetables in homes like ginger, onion, garlic and coriander which are present in every home and are used well in cooking various dishes, all of them also have many medicinal properties which sometimes instead of being beneficial for humans, can also be harmful in some cases. Along with onion and garlic, ginger is also very popular in general foods these days to satisfy the taste, but the various medicinal effects present in these things can have a profound impact on human health.

That is why in the modern world, there are various courses and educational arrangements regarding cooking, but this is not the case in underdeveloped societies. However, the things mentioned above are more common in developed societies than in undeveloped societies. Despite all these things, it is absolutely clear and beyond doubt that food and the nutrients it contains are the most important and essential for human life, and their correct balance is important for a good life and a healthy life? Because man is the most arrogant and foolish creature in the world, who has no equal in turning mercy into trouble, he has left no stone unturned in turning the blessing of food and the kindness of nourishment into trouble for himself, "obesity "and Some other issues directly related to food and nutrition That is why I fully hope and even believe that this article will not only provide immense help to the readers in overcoming the difficulties they are facing, but will also help them understand some things that may be necessary in the context of to be healthy while using common sense [36-38]. But it may be helpful to clarify here that self-medication without the assistance of an authorized medical expert is no less than suicide. Although psychology is also indirectly related to health, it is not everywhere except in some of the most civilized world regions [39].

Humans are naturally very self-conscious creatures. Some people consider him selfish and self-centered on this basis, but in my opinion, doing so is tantamount to committing injustice because if all this were true, the word "selflessness" would not exist in the languages of the world, but it exists and is also desirable [1,40]. But despite this, it is a fact that if a person's own self were not their primary focus and importance, then there would be no human being in the world today. Therefore, keeping this in mind, I try to introduce this quality and characteristic of a human being in a better way with the following term. Which can be described as something like this: The poor man trapped in the whirlpool of selfishness is actually, "self-centered "Which means that a person does everything for his own benefit and interest, but in which the inherent passion for goodness within him keeps him strong in the belief that he should not do anything that would harm or harm the interests of another person [41]. In the author's opinion, there can be no better term to describe this state of proportion and balance.

Discussion

- The virtue of man is that he has learned to survive, and this skill has made him familiar with food and the nutrients it contains, which are essential for his survival.
- The revelation tells us that man was told to eat, drink and be merry in the paradise of happiness, but beware, do not eat the fruit of the tree from which you have been forbidden. But Adam did the same on the temptation of Eve and was sent to the world for testing because he knew that he would have to appear before the great court again. Therefore, he ate, drank and lived so that he could appear before it. However, his traditional stubbornness and objectionable thinking about novelty led him to such problems as have been mentioned above, but despite this, it can be said that he remained obedient.
- That is why the term has been introduced in this article so that instead of the accusation that a person is selfish, it can be addressed in this way because he is busy trying to survive for the Day of Judgment, which is no less than an act of worship because that is what he was commanded to do.
- The unfortunate thing is that with a little praise, this person becomes out of himself and the result is that despite having everything, he loses all his happiness. Therefore, in the light of all this, it can be correctly estimated that if

a person only balances his food and drink, then many of his unnecessary problems and deprivations can be treated correctly and directly. The only condition is that he only eats and a drink for which he was created and objects to those things that he has been forbidden from.

Conclusion

Life is easy and not as difficult as some people have made it for themselves. The best solution is to eat halal food and eat what has been created for humans. Eat to live, not live to eat.

Recommendations/Findings

2026World Food Day is enough to show that until this day, humans are alive in the world and there has not been a shortage of food as has been the case in the past, which has led to the end of human lives [42]. It is as if modern man has reached a point in his life that is sufficient to convince him that he is not like other living beings, but different, because the basic needs of life do not dominate him in the same way as other living beings. Therefore, somewhere or other, something is definitely missing that has affected this link of human understanding that can make it easier for him to understand himself. Because he is not a kind of life lost in himself like other living beings whose only purpose is to survive and survive, but rather he is a missing reality of a greater purpose that needs to be understood where the missing link is that makes him different from others in the world. History is witness that nothing a human does is pointless or meaningless, as are other forms of life that have existed and ceased to exist. Therefore, it can be said that man is the model of objectivity in which he possesses all the capabilities to achieve more and better with the least.

Perhaps this is (so,"inbult -prioritize servility –capacity within-prescribed-orbits Whom I will nameIPSC Which not only keeps man alive effectively and safely in the modern world, but also protects him from all legal, moral, personal and social pressures [43-46]. Therefore, on this basis, it can be said that what we know is enough, but what we still need to know is perhaps more than enough Therefore, it is likely that a point of view that is still considered primary for whatever reason may have so much flexibility, so much flexibility, that it could be secondary, but because we consider it primary, it is still deprived of being secondary. I think this perspective may be helpful for those friends who still consider food and nutrition to be the foundation of life, and perhaps they feel the need to think beyond that. And where this need begins, that's where a human being begins.

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